

**CYNTHIA BERMAN, PhD.
GUERNEVILLE, CA. 95446**

707-869-1060

SUMMARY OF QUALIFICATIONS:

- ❖ Extensive knowledge and experience of the principles, methods, and procedures for the diagnosis and treatment for the diseases of addiction.
- ❖ Trained in motivational interviewing techniques used in order to establish an individual's stage of change; thus determining one's readiness for behavioral changes.
- ❖ Excellent communication skills and patient rapport.

EDUCATION;

The Wright Institute, Ph.D. Clinical Psychology, Berkeley, California -1988-1992

The Wright Institute, MA. Psychology Berkeley, California-1988-1990

Antioch University, MA Ed. Philadelphia, Pennsylvania Campus-1974-1975

Temple University, BA. Elementary Education. 1971-1973

Parsons College, Liberal Arts Studies, Fairfield, Iowa. 1964-1966

LICENSURE:

PSY #14305. California, 1995

RELEVANT EMPLOYMENT HISTORY

Full time Staff Psychologist, Department of Psychiatry, Kaiser Permanente, Santa Rosa, California; Chemical Dependency Services. September, 1993-December, 2013

❖ **Responsibilities included:**

Initial intake assessment/evaluation, setting up treatment plan and disposition, Weekly Triage shift, via telephone, regular on call shifts to the Emergency room, including 5150 evaluations.

Director of the Adolescent Recovery Program-13 years.

Group, Individual, Family Therapies

Group Leader: Facilitated the following ongoing groups:

Early Recovery Women,
Long term Recovery, Seeking Safety, Dual Diagnosis, Codependency process , as
well as writing, group, and an ACA

Organized and Tracked Laboratory Testing

Conducted ongoing Individual, Couples, and Family Therapy

Weekly four hour Triage Shifts

Supervision

On-Call duties: On call both day, and night to the Emergency Department. Psych
Assessment for 5150; Triage as necessary.

Program Development

Participated in various committees

❖ **Private Practice—21 years**

Post Doctoral Training :

September, 1992-September 1993, Kaiser Permanente, Santa Rosa, Ca.

- Child, Adult, and CD team work/training
- Individual, Couples, Family, and Group

Previous Careers:

November, 1981-1991 Pacific Bell-San Francisco and Marin Counties—Frame Technician

July, 1981-November, 1981- Henderson's Restaurant, Larkspur, Ca --.Prep Cook

July 1980-July 1981- Mackenzie Bridge, Oregon,- Belnapp Springs Lodge--Manager

July 1979-1980- Mackenzie Bridge Oregon, Substitute and Home School Teacher

July 1978-1979, Eugene Oregon, Pearl Buck Center—Parent Trainer

September 1973-1977, Philadelphia, Pennsylvania—School District of Philadelphia, The Moffit School,
First Grade Teacher.

September 1972-1973, Philadelphia, Pennsylvania, School District of Philadelphia—Substitute Teacher

Academics:

1988-1992—The Wright Institute, Berkeley, California—Ph.D.—Clinical Psychology

1988-1990---The Wright Institute , Berkeley, California—MA.—Psychology

1974-1975---Antioch University, Yellow Springs Ohio- Philadelphia Campus,--
MA-Ed. Elementary Education

1971-1973---Temple University, Philadelphia, Pennsylvania, BA. Elementary Education

1964-1966---Parsons College, Fairfield, Iowa, Liberal Arts Studies